



How to Knit Socks

This pattern is for a very **basic**, easy pair of socks. I always come back to this whenever I want to knit a **quick** pair of socks that shows off a yarn that is **gorgeous** on its own and doesn't need a fancy design.

If you have never knitted socks before, please take a look at my YouTube channel (link is at the end of these instructions) for the corresponding **video tutorial**.

MATERIALS

Yarn: Regia Norway Color in Color No 02915 (Rosendal)

Gauge: 30 stitches and 42 rows to 10 cm

Needles: DPNs in 2.5 mm / 15 cm

Be aware: Everyone knits differently! For me the above numbers worked great with the amount of stitches that I casted on but if you are unsure you should definitely try on your sock a few times while knitting to make sure that it still fits.

DEFINITIONS

K = Knit

P = Purl

K2Tog = Knit 2 stitches together

P2Tog = Purl 2 stitches together

SKP = Slip a stitch if to knit, knit a stitch, pass slipped stitch over the knit stitch

CUFF

Cast on as many stitches as you need for your shoe size. I cast on 64 stitches for socks in the size 37 (US 6).

Knit a K2P2 ribbing for as many rounds as you like. I knit the ribbing for about 16 rounds.

Size	Stitches per needle
30-31	14
32-35	15
36-39	16
40-43	17
44-45	18
46-47	19

LEG

Knit for as many rounds as you like. I knit about 32 rounds for shorter socks and 64 rounds for full-length winter socks.

HEEL

Heel Flap

The heel is knitted over one half of the stitches (32 stitches in my case).

For the heel knit / purl back and forth instead of in rounds.

Row 1: K 16 (across first needle) *(Front row)*

Row 2: K 2, P 28, K 2 (across needles 1 & 4)

Row 3: K 32 (across needles 1 & 4)

Row 4: K 2, P 28, K 2 (across needles 1 & 4)

Repeat rows 3 & 4 until your heel flap is as many rows long as you have stitches on two needles (in my case 32 rows).

The two knit stitches at the beginning and end of the back rows will create little knots along the sides of the heel flap.

Decreases

Divide number of heel stitches by three and add extra one or two stitches to the second section (for example divide 32 stitches into 10-12-10). Set two markers to tell the sections apart.

Row 1: K 21 (K until last stitch of second section), K2Tog

Row 2: P 11 (P until last stitch of second section), P2Tog

Row 3: K 11, (K until last stitch of second section), K2Tog

Repeat rows 2 & 3 until only the stitches of the second section are left (12 stitches in my case).

Gusset

Set a marker after one half of the heel stitches to mark the beginning of the round (= 6 stitches).

Knit across the heel stitches, then pick up 16 stitches between the little knots (= amount of stitches you casted on per needle).

Pick up one extra stitch in the corner before the second needle.

Knit across needles 2 & 3.

Pick up one stitch in the corner after the third needle, then pick up another 16 stitches between the knots.

Knit the rest of the round.

Each of the needles 1 & 4 should contain your picked up stitches + one half of the heel stitches (in my case 17 + 6 = 23 stitches).

The beginning of the round is between needles 1 & 4.

Needles 2 & 3 should each still have the same amount of stitches on them as before the heel part (= 16 stitches).

Gusset Decreases

Knit one full round of knit stitches.

Then decrease like this:

Needle 1: K until last three stitches, K2Tog, K 1

Needles 2 & 3: Knit

Needle 4: K 1, K2Tog, K rest of the needle

Decrease like this in every third round (knit the two rounds in between) until only the initial amount of stitches are left on needles 1 & 4 (= 16 stitches).

FOOT

Continue knitting until your foot is long enough for your shoe size.

Size	Foot length (without toes)
30/31	16 cm
32/33	17 cm
34/35	18 cm
36/37	19 cm
38/39	20 cm
40/41	21 cm
42/43	22 cm
44/45	23 cm
46/47	24 cm

TOES

Decreases

At the end of the first and third needle:

K until last 3 stitches of needle, K2Tog, K 1

At the beginning of the second and fourth needle:

K 1, SKP, K rest of the needle

After first round of decreases, decrease once in every fourth round. So knit three rounds of knit stitches, then one round of decreases.

Next we will decrease twice in every third round. So knit two rounds of knit stitches, then one round of decreases and repeat those three rounds.

Then decrease 4 times in every other round and lastly (at least) 6 times in every round.

In more detail

Round 1:	Decrease
Rounds 2-4:	Knit
Round 5:	Decrease
Round 6-7:	Knit
Round 8:	Decrease
Rounds 9-10:	Knit
Round 11:	Decrease
Round 12:	Knit
Round 13:	Decrease
Round 14:	Knit
Round 15:	Decrease
Round 16:	Knit
Round 17:	Decrease
Round 18:	Knit
Rounds 19-25:	Decrease

8 stitches in total remain.

Cut yarn and pull it through remaining stitches or use kitchener stitch to finish.

Done!

Come and visit my website for more patterns: haalu.de



<https://www.youtube.com/c/haalu>



[haalu the ugly bunny](#)